

Break Out! Outdoor Cooperative and Recess Games

Time: 12:15pm-12:40pm (During Lunch Time on Tuesdays)

Instructor: Keri Deeter

Grade: Elementary

Fees: \$15 monthly tuition fee plus \$10 supply fee per semester

Text: None

Course Description:

Each week we will play cooperative and recess games outside. This class is designed to get some energy out during the remainder of lunch break from 12:15pm-12:40pm. This class will be an outdoor and physical recess class that will be structured and supervised. We will focus on developing social/emotional skills, building friendships, team work, endurance, skill development, and strength development.

*This class will be held outdoors. The only exception will be extreme weather conditions that require activities to be held indoors.